## If you have Asthma, be aware that you are at high risk of complications from

influenza.

Getting the flu vaccine is the best way to prevent getting the flu.\*

> Make an appointment to get vaccinated today!







For more information, please visit: www.cdc.gov/flu or call 1-800-CDC-INFO (1-800-232-4636).

\*People with asthma should not get the nasal spray flu vaccine because of the increased risk of wheezing after the vaccination is administered. Instead, they should get the injectable flu vaccine.



North Carolina Department of Health and Human Services | Division of Public Health | NC Asthma Program and NC Immunization Branch

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